



Pānui #1- Auckland Region Waka Ama Sprint Championships – December 2022

Tēnā koutou ngā kaihoe o te rohe o Tāmaki Makarau. Nau mai, piki mai ki te roto o Pupuke. Karawhuia tātou. The AROCA Regional Championships will be held at Sylvan Park, Lake Pupuke on Saturday 3rd December and Sunday 4th December

Events will be held over 250m and 500m straight courses for W1 and W12 events
This is also the qualifying event for W1 & W12 paddlers wanting to represent the AROCA region at the National Sprints. Format will be determined on number of entries

Out of region teams may enter the W12 event at the Race Committee's discretion, considering lane / time constraints, but are not eligible for medals.

Key Dates are

Monday 31st October 2022: Entries open

Friday 26th November: Entries close and any final roster changes

Wednesday 30th November: Draft Lane Draw Available (on the AROCA & WANZ website)

Entries and Race Information

Regatta Events		
W1	250m dash	J19 & Premier
W1	500m	Intermediate - Master 80s
W12	250m dash	Midgets/Intermediate/J16/J19/Premier/Masters (40yrs & beyond))
W12	500m	Midgets/Intermediate/J16/J19/Premier/Masters (40yrs & beyond)

Categories for W12 Races		
Men	250/500	12 men
Women	250/500	12 women
Mixed	250/500	6 men & 6 women (Min 4 men)

All entries must be completed by the Club Administrator, waivers will be done online and must be completed at the same time entries close.

Entries Open – 31st October

Entries Close – 26th November

All entries need to be verified members of NKOA. New paddlers must have completed their NKOA ID process.

Late entries will not be accepted

Age Categories

Age is taken as reaching the specified age in 2023 (i.e., next year). This enables you to race in the same division as you will at the coming 2023 nationals. If in doubt see the <http://www.wakaama.co.nz/agedivisionchecker> or email admin@aroca.co.nz for clarification.

Entry Fees (one fee only for all races)

ENTRY COSTS (per paddler)		
Division	Age	One Fee for all races
Midgets	6 to 10	\$5.00
Intermediate	11 to 13	\$10.00
J16	14 to 16	\$20.00
J19	17 to 19	\$25.00
Under 23 (W1 Only)	20 to 23	\$30.00
Open/Masters	20 and over	\$40.00

All entry fees are to be paid by 29th November. Clubs will be able to see roster and invoice details in the member area of the website. A follow up invoice will also be sent to clubs.

All clubs must pay directly to the AROCA account and ensure the reference is clear to ensure payment is reconciled.

Paddler Fees are non-refundable. If a paddler is withdrawn after the entry closing date there will be no refund. Paddlers from a club with outstanding fees will not be allowed to participate.

W1 Nationals Qualification Information

This is the qualifying event for the 2023 NKOA Sprint Nationals. Paddlers may only paddle for one club. Regions are allocated 4 entries for each race division plus extra quota for having finalists in the previous year's nationals. The quota will be filled from placings in each race division. Please also see new policy regarding W1 automatic entry for the National Sprint Championships

W1 Quota

Link - https://wakaama.co.nz/content/files/6344b7bc4a726/2023%20Sprint%20Nationals_W1%20Quota.pdf

Division	Men	Women
Intermediates	5	6
J16s	9	7
J19s	10	8
O23s	8	9
Premier	7	6
Masters	7	6
Senior Masters	6	8
Golden Masters	7	7
Master 70s	6	8
Master 75	6	6
Master 80	6	6

W1 Compliance

All canoes must comply with section 7.1 of the NKOA rules for waka ama racing (NB: minimum weight fully rigged **14kg***).

* updated as per the 2021 Race Rule review. The race rules can be found here:

<https://wakaama.co.nz/pages/view/1005147>

There will be no pre-event waka weigh in this year, instead there will be a spot check after each race.

Paddlers whose waka are found to be under the **14kg** minimum specification will incur a penalty.

All W1s must have lane number holders, as per Waka Ama New Zealand race rules.

Paddlers must arrange to have their own W1. Paddlers should NOT assume that they will be able to use other paddlers' W1s on race day.

Loading up and races will not be delayed for paddlers waiting for canoes. Each paddler may have 1 support person to assist with the loading and unloading of waka.

Clubs and coaches please note that your paddlers must be of a level where they can competently and confidently take the start line and complete the race. Any paddlers who fail to reach the start line within a reasonable time will be withdrawn from the race.

Paddlers going outside of their lane will be penalised

Withdrawn or Disqualified (DQ'ed) paddlers *will not receive refunds*.

Waitlist – Please read carefully

Level 1

For paddlers who do not make the quota, the next two racers in each division will be automatically be added to the waitlist. If you do not wish to be on the waitlist you must advise AROCA by the 15^h December.

Level 2

Participants from Regionals who compete but do not qualify can be placed on the waitlist for Nationals with the waitlist fee included in their regional entry fee. These participants are placed below the Level one paddler's

Level 3

Paddlers unable to compete at the regionals wanting to make quota for Nationals will be required to write to the Race Committee requesting their inclusion on the Waiting List. This should be sent from your club to admin@aroca.co.nz. The fee applicable for inclusion on the waiting list is the same as the event entry fee for that race. Non competing participants who are accepted on the waitlist are included at the bottom of the quotalist after Level 2 paddlers in first come, first serve order.

Arriving on Site

Please follow the directions given to you by the parking wardens. If you can, please car pool where possible. Paddlers will be marshalled according to their race numbers check race schedule for further information.

Club and Event Requirements

Support Boats

We require three support boats for the event. Boats will be paid \$300 per day to assist, if you wish to be included, please contact admin@aroca.co.nz. You must ensure your boat is safe and suitable for the event.

Tent allocation

There will be no tents on the bank this year, please see site map showing allocated space for tents.

Vendors

There will be coffee, food and ice-cream vendors this year

Volunteers

All participating clubs are expected to provide non paddling volunteers for each day of the event. A draft schedule will be included in pānui 2. Volunteer numbers will be based on two volunteers per club per day as an approximate. Any volunteers wanting to assist at the event can contact admin@aroca.co.nz

Weather Conditions or Other Delays

In case of severe weather conditions on race day, the race director retains the right to stop, postpone and/or cancel races on race day. **Please note that we will be unable to refund race fees in this case.**

If delays occur, races may run later than scheduled

Race Course Layout



Site Plan



Sylvan Park Site Plan 2021

- Key:
1. Admin
 2. First Aid/Admin
 3. Extra Toilets
 4. Results Tent
 5. Loading Bay
 6. Marshalling
 7. Car Parking
 8. Bins
 9. Finish Line
 10. Sound
 11. Volunteer Parking
 12. Vendors

Staging & Marshalling



Nga mihi
The AROCA Board